

SOUPE AUX POIS DES VOYAGEURS (Pea soup from The Spy, Vol.1,
No.1, Spring/Sum., 1980, North West Territory Alliance)

Ingredients:

2 c. dried split peas (yellow) and 2 c. yellow lentils,
both soaked overnight.

1 gallon water

3 onions

6 carrots

6 celery stalks

1 rutabaga

6 tbsp. chopped parsley

2 cloves garlic

4 t. salt

½ t. thyme

2 bay leaves

1 large ham shank.

Procedure:

Chop vegetables, put all ingredients in pot, cook 3-4
hours, adding water as needed.